

# Lent 2024

## Resources

### **Life In The Spirit**

Registrations are now open for the Life in the Spirit seminars. We hope that these seminars will be accessed by anyone looking to recognise the power of the Holy Spirit in their lives.

If you'd like to come to the Seminars in person but don't live close enough to Northampton Cathedral, why not join us at one of our "Hub" locations around the diocese. More here <https://northamptondiocese.org/life-in-the-spirit-seminars-2024/>

### **We Dare To Say**

The national resource for the Year of Prayer has arrived at Bishop House and we will be sending them out to parishes shortly. They are a high quality in both design and content, we hope you are able to make use of them. <https://northamptondiocese.org/we-dare-to-say/>

### **Re:NEW**

Margaret and Barry Mizen will be visiting the St Thomas Centre on Saturday 2 March from 10am – 12noon. Margaret and Barry's son, Jimmy was murdered in South London in 2008. His killer has never shown any remorse and during the trial tried to intimidate the Mizens. Remarkably, Margaret and Barry forgave him and have dedicated their life to sharing their message of forgiveness through The Forgiveness Project <https://www.theforgivenessproject.com/stories-library/barry-margaret-mizen/>

### **Unseen Women of The Bible**

Would you like to do something to find out more about women of the Bible?

This Lent the Diocesan Women in Ministry group is offering to send you a Biblical woman's name and a Bible reference each morning and a short evening shared prayer on Zoom at 6.45 to 7pm on weekdays from 19 February to 15 March, weeks 1-4 of Lent. No need to commit to every day - just join us when you can.

We'll be using Ros Clarke's book, Forty Women: Unseen women of the Bible from Eden to Easter, from Eve to Ruth. You might like to get a copy, (search on Forty-Women-Unseen-women-Easter) or you can do your own research each day.

Interested? Contact Joanna at [Joanna.hale@northamptondiocese.org](mailto:Joanna.hale@northamptondiocese.org)

### **Prayer Resources**

Our prayer resources for Lent and the Year of Prayer has been updated here <https://northamptondiocese.org/prayer-resources/>

**CAFOD Big Lent Walk**

Information regarding the Big Lent Walk, CAFOD'S Lenten fundraiser is available around the church and here on our website. I know that some of our priests are participating, including our very own Fr James!

***LENT – A TIME OF PREPARATION AND CONVERSION!***